

Brian Toston, DO, FACP
ABIM Board-Certified in Internal Medicine

October 22, 2025

Subject: Letter of Interest — South Carolina District 3 Board Position

Dear Colleagues and Friends,

I am writing to express my interest in serving as the Physician Member representing South Carolina's Congressional District Three on the South Carolina Board of Medical Examiners. As a board-certified Internal Medicine physician and Fellow of the American College of Physicians (FACP), I have practiced in South Carolina for over five years and am deeply committed to the health and integrity of the community I call home.

In my role as a hospital medicine physician at Self Regional Healthcare, I care for patients during their most critical and vulnerable moments. This experience has strengthened my dedication to compassionate, evidence-based medicine and reinforced my desire to serve in a role where I can help uphold professional standards and public trust. Through collaboration across disciplines, I have worked to promote patient safety, clinical quality, and ethical practice at the systems level.

As a first-generation American and the first in my family to become a physician, I bring a perspective grounded in perseverance, service, and integrity. Serving as Chief Resident during my Internal Medicine residency helped shape my leadership style and reinforced my commitment to mentorship and accountability.

In addition to clinical practice, I serve as a preceptor for students from Edward Via College of Osteopathic Medicine (VCOM) and formerly Presbyterian College's PA program, fostering the growth of future healthcare professionals. My past involvement with the American College of Physicians' Health Policy and Advocacy Program strengthened my understanding of the intersection between medical regulation, ethics, and patient protection. I was honored to be recognized as the National Hispanic Medical Association Resident of the Year (2020) for leadership, education, and community engagement.

I believe that representing our district on the Board is both a professional duty and a privilege. I am eager to contribute my clinical insight, leadership experience, and commitment to ethical medicine in support of the Board's vital mission to ensure quality care and protect the public.

Thank you for your consideration.

Warm regards,

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Greenwood, South Carolina

Email: [REDACTED] | Phone: [REDACTED]

Professional Summary

Board-certified internal medicine physician based in Greenwood, South Carolina, and full-time hospitalist with Self Regional Healthcare. Over five years of clinical experience dedicated to systems-level patient and practice safety, medical education, and community service. Committed to advancing quality of care, physician professionalism, and evidence-based practice across clinical and policy settings.

Education & Training

Doctor of Osteopathic Medicine — Des Moines University, 2017

BA, Sociology & Anthropology (Magna Cum Laude) — Florida International University, 2012

Internal Medicine Residency (Chief Resident) — HCA Aventura Hospital & Medical Center, 2017–2020

Certifications & Licensure

ABIM Board Certified — Internal Medicine

ACLS, BLS, ENLS, FCCS, AWLS; Stop the Bleed Certified

Active Licensure: South Carolina, North Dakota, Florida, New Mexico

Professional Experience

Primary Appointment / Practice Site — Self Regional Healthcare, Greenwood SC — Hospitalist (2020–Present)

Prisma Health, Greenville SC — Hospitalist (2020–Present)

Altru Hospital, Grand Forks ND — Hospitalist (2022–Present)

Presbyterian Hospital, Albuquerque NM — Hospitalist (2025–Present)

Academic Appointments & Teaching

Clinical Preceptor — Edward Via College of Osteopathic Medicine (VCOM), Hospital Medicine (2024–Present)

Clinical Assistant Professor — Orlando College of Osteopathic Medicine (2022–2025)

Hospital Medicine Preceptor & Coordinator — Presbyterian College PA Program (2020–2024)

Leadership & Professional Service

Chief Resident — Internal Medicine, HCA Aventura (2019–2020)

ACP Health Policy & Advocacy — State & National Legislative Sessions (2018–2020)

Resident Council Member & Logistics Chair — ACP Florida Chapter

Envision Disaster Assistance Response Team — Deployed during COVID-19 pandemic

Awards & Recognition

Resident of the Year — National Hispanic Medical Association (2020)

Chief Resident of the Year — Florida ACP (2020)

Fellow — American College of Physicians (2024–Present)

Selected Scholarly & Academic Activities

Poster Judge — National ACP Internal Medicine Meeting (2024)

Publication — HCA Healthcare Journal of Medicine: “Leadership, Skills, and Emotional Intelligence” (2020)

Multiple National Poster Finalist — ACP, AMA, SCCM, Mayo Clinic

Professional Memberships

Fellow — American College of Physicians (SC Chapter)

Member — Society of Hospital Medicine

Community Involvement

Doctors Without Borders — Field Partner (2024–Present)

Madame Curie Society — Self Regional Healthcare Foundation Member (2022–Present)

Professional Interests

Hospital medicine, quality and patient safety, medical ethics, healthcare policy, and mentorship in medical education.

Languages

Spanish — Fluent